

WORK SPECIFICALLY WITH YOUNG PEOPLE

We have found that young people are eager to get involved in working to build safe and welcoming communities that welcome diversity and difference. They learn leadership skills swiftly and soon become competent in delivering peer-led and mixed training events. Often their starting point is on issues that concern them – and bullying is an issue that affects every young person. Our work with young people has at its core the understanding that it is vital to train young people so they can lead their peers on a range of issues.

Friends Against Bullying (FAB)

Bullying affects every young person whether they have witnessed it, been on the receiving end or have themselves bullied, or often all three! Our experience of working with young people tells us that they want to do something to stop bullying but often don't know what to do. This can often lead to inaction, or responding with name-calling or violence.

FAB is a peer-led programme that young leaders run in their school. FAB in primary schools provides a playground mentoring service; and in secondary schools a regular lunchtime club, in addition to assemblies, setting up bully boxes etc We train pupils, teachers, learning mentors, playground and other support staff so they can translate their school anti-bullying policy into a whole school practice that involves every member of the institution in creating the kind of welcoming and supportive culture that leaves no space for bullying to flourish.

FAB programmes can be delivered to single schools and clusters of schools. By winning over hearts and minds in a positive and up-beat programme of activities these award-winning peer mentoring programmes enable each person within the school to take individual initiative to build a culture where there is no space for bullying to flourish. Schools run FAB lunch clubs, regular workshops or assemblies, or playground mentoring schemes. Some schools run all programmes concurrently.

Leicester Against Bullying (LAB)

Like our Friends Against Bullying project, the Leicester Against Bullying (LAB) project trains young people who are not in education, employment or training; are not in full time education; or attend alternative curriculum establishments, in leadership skills so they can tackle bullying in their lives and lead their peers in bullying reduction programmes. This project is based at Diversity Hub.

As with the FAB project, we train young people to be leaders by recognising and appreciating their own and others identities; understanding the impact of stereotyping; and teaching practical skills to challenge name-calling in a positive way, that aims to change the perpetrators attitude and therefore, behaviour. The additional benefits are emotional literacy, increased confidence and self-esteem, active citizenship, and young people taking a role of responsibility and leadership. The LAB project helps young people return to mainstream education.

Violence Prevention

Alternatives to Violence techniques are taught so young people can understand domestic violence, sexual abuse, harassment and violence. On a Safer Schools initiative in Leicester the young people were also taught skills in how to make interventions safely and how to stay safe themselves. Training on violence prevention delivers cohorts of community leaders ready to take courageous stands whilst keeping it safe for themselves and their families.

Anger Management

This training assists young people to understand what makes them angry and what their triggers are and to channel their anger into good communication skills and change their behaviour.

Participation

Bespoke training to ensure young people and children can get their voice out and take leadership, or work in partnership alongside adults. For example, as the Participation Partner with Creative Partnerships in Leicester, we trained and coached Young Consultants so they could compere System Upgrade and Creative Arena, celebration conferences for 500 young people and adults, and run their own workshops for their peers.

We can also provide training or consultancy for organisations to help them ensure young people are engaged in a fully participative way and are placed at the heart of their operations.

Transforming Behaviour

A range of techniques are taught to help young people recognise the impact of their behaviour on themselves and others. Additional skills are taught to help them change their behaviour.

Preventing Extremism and Terrorism

People turn to extremism when they feel at their most powerless and because it appears to address some of their unmet needs. Providing opportunities for them to express their issues and concerns, and to be listened to is a powerful contradiction to hopelessness. Our approach also provides awareness and skills that give the impetus for young people to engage with mainstream civic life and politics.

Conflict Busters Team

Following intensive prejudice reduction, conflict resolution and mediation skills training young Community Facilitators are geared up and ready to go out into the community, as part of the Conflict Busting Team, to help groups resolve conflicts, disagreements or problems they may be experiencing.

Universities and Colleges

We provide a range of diversity training programmes for academic and non-academic staff and students. We can utilise our experience of running a successful Millennium Volunteers programme to train staff and students to ensure their volunteering programme can support the needs of students and the local community

Contact Us

To find out more about our work with young people and how you can get involved please contact us on 0116-222-9977 or email info@diversityhub.org.uk